

Tzatziki

2 cup greek yogurt
2 - 3 Tablespoons chopped Mint & or Dill
Juice of one lemon
1 clove garlic ,grated
1 English cucumber, seeded, Diced or grated
Salt & pepper to taste

Stir herbs, lemon juice, garlic and cucumber together in a small bowl. Add salt and pepper to taste. Refrigerate. (Make well ahead of time to allow flavors to fully develop.)