

## **FOOT MASK**

I know most of you have heard of a FACE MASK, but with sandal weather, this is something for your tootsies.

2 tablespoons mint

2 tablespoons pineapple juice

1 teaspoon basil

2 teaspoons rosemary

2 tablespoons yogurt

Put in blender, rub on feet, wrap feet in plastic, leave on feet 20 minutes. Do this out on the patio and rinse off outside. Use either all fresh or substitute dry.