

Chocolate Oat WHOLESOME Junk Food

½ cup chocolate chips chopped
½ cup coconut unsweetened chopped
¼ cup oat flour
1 tablespoon lecithin
½ cup dates- puree in cuisinart
½ cup unsulfured Turkish Apricots- put with dates
¾ cup naked juice
2 tbs cocoa
1 tablespoon home made vanilla

Chop dry stuff in cuisinart and put in small bowls –chips, coconut, oats, lecithin

Put dates and apricots in Cuisinart and puree, add juice, add cocoa powder, vanilla-puree

Add ½ of chopped chocolate chips

Add 1 cup of toasted oats

Pulse 2 times till barely incorporated

Measure out ½ tablespoon, drop onto toasted oats in dish (extra) roll into ball and drop into the rest of the chopped chocolate chips, roll together

Put in fridge overnight open to dry up a bit.

Put in container.