



OCTOBER 25, 2007



THE HERB SOCIETY OF AMERICA BATON ROUGE UNIT

MISSION: The Herb Society of America is dedicated to promoting the knowledge, use and delight of herbs through educational programs, research, and sharing the experience of its members with the community.

Homemade Pomander

POMANDER INGREDIENTS

Enough for 6-8 oranges (3-4 inches diameter) The smaller orange, lemon, and lime DRY FASTER and prevents molding

1 1/2 pound long-stemmed cloves

1/4 teaspoon ground ginger

1/4 cup each:

ground cinnamon,
ground cloves,
ground nutmeg,
ground allspice,
powered orris root

ALSO NEEDED:

Bowl for mixing the spices
(all spices are mixed together)

Cinnamon or cassia essential oil *(1/3 ounce is enough)*

Masking tape - to cover fingers while pushing cloves and to mark "ribbon spaces" on fruit

Small paper bags like lunch bags for participants to take their pomander home to cure



Toothpick or skewer for punching holes

Paper plates to work on
(juice drops)

Band Aids for covering fingers

The Baton Rouge Herb Study Group, organized in 1989, became the Baton Rouge Unit of the Herb Society of America, Inc. in October 1991.

Officers:

Rita Salman, Chairperson

Lori Mann, Vice-Chairperson

Kathy Mullin, Treasurer

Sandra Thornhill, Secretary

The following regular monthly meetings are free, open to the public, and held at the Baton Rouge Garden Center at 7:00 PM unless otherwise noted.

JANUARY 24, 2008

Herbs for Health-PBRC-Dietician

FEBRUARY 28, 2008

Calendula—Herb of the Year

MARCH 27, 2008

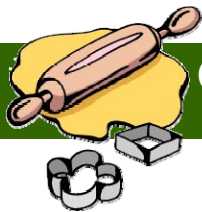
Landscape with Herbs

APRIL 12, 2008

Plant Sale at Independence Park

APRIL 24, 2008

Flower Power



Cinnamon Dough Ornaments

Dough Recipe:

4 cups cinnamon
(cheapest to purchase from bulk outlets or warehouses like Sam's)

Replace some of the cinnamon with ground allspice, ground cloves, ground nutmeg

3 cups applesauce

1/2 cup white school glue
(Elmer's® works very well)

Chopstick or straw to make a hole for hanging if you wish

Mix ingredients in a large bowl. To use, roll out dough and cut with cookie cutters. Poke hole at top of each shape.

Place shapes on tray covered with wax paper. Air dry for several days, turning often.

USES:

Tree ornament, use on sticks in a flower arrangement, tie to gift packages, hang in kitchen as a decoration, hang in closet *(do not let it touch clothes)*, use as a sachet, great gifts. Place in a bowl with pinecones, Acorns, and Autumn leaves for a centerpiece.